



Yong In Martial arts Academy

"A Place to Challenge Yourself"

White Belt	Yellow Stripe	Yellow Belt	Green Stripe	Green Belt	Blue Stripe	Blue Belt	Red Stripe	Red Belt	Black Stripe	Nominal	Black Belt	
FORM Basic 19 Movements	FORM Tae-keuk #1	FORM Tae-keuk #2	FORM Tae-keuk #3	FORM Tae-keuk #4	FORM Tae-keuk #5	FORM Tae-keuk #6	FORM Tae-keuk #7	FORM Tae-keuk #8	FORM Tae-keuk #1-8	FORM Tae-keuk #1-8 Making own form (more than 16 movements)	FORM Tae-keuk #1-8 Go Ryuk Guhm Gahng Making own form (more than 20 movements)	
ONE-STEP SPARRING Number 1, 2	ONE-STEP SPARRING Number 3, 4	ONE-STEP SPARRING Number 5, 6	ONE-STEP SPARRING Number 7, 8	ONE-STEP SPARRING Number 9, 10	ONE-STEP SPARRING Number 11, 12	ONE-STEP SPARRING Number 13, 14	ONE-STEP SPARRING Number 15, 16	ONE-STEP SPARRING Number 17, 18	ONE-STEP SPARRING Number 19, 20	ONE-STEP SPARRING Number 1-22	ONE-STEP SPARRING Number 1-7,	
BASIC KICKS Front kick Ax Kick Side Kick Round House Kick	BASIC KICKS Review Previous Kicks Back Kick Front Hook Kick	BASIC KICKS Review Previous Kicks Back Side Kick Back Hook Kick	BASIC KICKS Review Previous Kicks Pushing Kick	BASIC KICKS Review Previous Kicks Side Kick High Half Moon Kick Ax Kick In To Out Ax Kick Out To In	BASIC KICKS Review Previous Kicks With Jumping	BASIC KICKS Review Previous Kicks With Combination	BASIC KICKS Review Previous Kicks With Jump Combination	BASIC KICKS Review Previous Kicks With Jump Combination	BASIC KICKS Review Previous Kicks With Jump Combination	BASIC KICKS Review Previous Kicks With Jump Round House Kick Combination	BASIC KICKS Using Previous Kicks Making 20 Combination Kicks	COMBINATION KICKS No.1 ~12
BASIC MOVES #1 ~ #5	BASIC MOVES #1 ~ #4	BASIC MOVES #1 ~ #4	BASIC MOVES #1 ~ #5	BASIC MOVES #1 ~ #6	BASIC MOVES #1 ~ #6	BASIC MOVES #1 ~ #6	BASIC MOVES #1 ~ #6	BASIC MOVES #1 ~ #6	BASIC MOVES #1 ~ #8	BASIC MOVES #1 ~ #40	TKD SPECIAL TECHNIQUES #1 ~ #24	
BREAKING Elbow Breaking	BREAKING Axe Kick	BREAKING Knife Hand	BREAKING Front Kick	BREAKING Side Kick	BREAKING Round House Kick	BREAKING Back Kick Jump Front Kick	BREAKING Back Kick Jump Side Kick	BREAKING Turn Round House Kick Back Hook Kick	BREAKING Knife Hand Jump Back Kick Back Hook Kick	BREAKING Fist Knife Hand Jump Front Kick Jump Side Kick	BREAKING Choose One Best Air Kick, One Sand Block	
KOREAN TERMS	KOREAN TERMS	KOREAN TERMS	KOREAN TERMS	KOREAN TERMS	KOREAN TERMS	KOREAN TERMS	KOREAN TERMS	KOREAN TERMS	REFEREE HAND SIGNALS	KOREAN TERMS	KOREAN TERMS	
Black Belt Philosophy Focus	Black Belt Philosophy Respect	Black Belt Philosophy Goal Setting	Black Belt Philosophy Cooperation	Black Belt Philosophy Consistency	Black Belt Philosophy Perseverance	Black Belt Philosophy Enthusiasm	Black Belt Philosophy Confidence	Black Belt Philosophy Self-Control	Black Belt Philosophy Responsibility	Black Belt Philosophy Leadership	Black Belt Philosophy Leadership	

"Success Skills For Life"